

VITAMIN D3

SYNERGY

Vitamin D3 is one of the most useful nutritional tools we have at our disposal for improving heart health.

The human body is equipped with the ability to synthesize this essential vitamin through exposure to the sun's ultraviolet rays.

Studies have shown that fifteen to twenty minutes of daily sun exposure will manufacture an approximate 10,000 to 15,000 units of vitamin D3 in the body. However, today's indoor living and extensive use of sunscreen has resulted in a society where millions are deficient in this life-sustaining vitamin.

Vitamin D3's effect on the body's numerous biological functions is vital to our health and well-being. Of the many roles it fulfills, facilitating calcium absorption is perhaps the most important. Studies have shown that vitamin D3 plays an important role in maintaining optimal blood levels of calcium and phosphorus.

By enhancing the body's ability to absorb calcium, vitamin D3 ensures adequate supply to the skeletal system while reducing excessive levels in the blood. Doing so promotes bone mineralization while minimizing the effect of calcium on the cardiovascular system.*



ITEM NO. SU74034 | 150 Tablets

Benefits

- Provides 2,500 IU of Vitamin D3 per tablet*
- Helps maintain normal levels of calcium in the blood*
- Helps maintain bone health*
- Helps support a healthy immune system*
- Facilitates calcium absorption in the body to support a healthy skeletal system*

Recommendation

Take 1-2 tablets daily

As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving size: 2 Tablets	
Servings per container: 75	
Amount Per 2 Tablets	% Daily Value
Vitamin D (as D ₃)	5000 IU 1250

Other Ingredients: Sorbitol, Mannitol, Cholecalciferol, Xylitol, Stearic Acid, Natural Fruit Flavors, Magnesium Stearate, and Citric Acid.

For more information please contact:

Synergy ID:

Email:

Phone:

Website: