

BIOME BASICS

Nutrient Foundation

Item No. 92903
60 Capsules

Biome Basics is a multivitamin providing essential nutrients, herbs, chlorophyll and antioxidant-rich fruits and vegetables. It is the multivitamin developed to help fortify your microbiome with essential nutrition.

BENEFITS

- Contains a blend of herbs and antioxidant-rich fruits and vegetables
- Contains an array of trace minerals and a mix of polyphenols, antioxidants, and amino acids
- Provides 100% or more of the Daily Value for essential vitamins and minerals

RECOMMENDED USE

Take two tablets daily with a meal. These can be taken one at a time with meals.



| Supplement Facts | | |
|--|------------------------------------|---------------|
| Serving Size 2 Tablets Servings Per Container 30 | | |
| | Amount Per 2 Tablets | % Daily Value |
| Vitamin A (71% as beta-carotene, palmitate) | 1700mcg | 189% |
| Vitamin C (ascorbic acid) | 250mg | 278% |
| Vitamin D3 (cholecalciferol) | 7.5mcg | 38% |
| Vitamin E (acetate) | 36mg | 240% |
| Thiamin (vitamin B1, mononitrate) | 12.5mg | 1042% |
| Riboflavin (vitamin B2) | 10mg | 769% |
| Niacin (niacinamide) | 30mg | 188% |
| Vitamin B6 (pyridoxine HCl) | 15mg | 882% |
| Folic Acid | 166mcg DFE (100 mcg folic acid) | 42% |
| Vitamin B12 (cyanocobalamin) | 50mcg | 2083% |
| Biotin | 150mcg | 500% |
| Pantothenic Acid (d-calcium pantothenate) | 75mg | 1500% |
| Choline (bitartrate) | 8mg | 1% |
| Calcium (dicalcium phosphate, citrate, amino acid chelate) | 200mg | 15% |
| Phosphorus (dicalcium phosphate) | 110mg | 9% |
| Iodine (potassium iodide) | 100mcg | 67% |
| Magnesium (oxide, amino acid chelate) | 200mg | 48% |
| Zinc (gluconate) | 15mg | 136% |
| Selenium (amino acid chelate) | 50mcg | 91% |
| Copper (gluconate) | 1mg | 111% |
| Manganese (amino acid chelate) | 1.5mg | 65% |
| Chromium (amino acid chelate) | 50mcg | 143% |
| Potassium (citrate) | 50mg | 1% |

| | Amount Per 2 Tablets | % Daily Value |
|---|----------------------|---------------|
| Proprietary Blend | 144mg | † |
| <small>Inositol, para-aminobenzoic acid (PABA), fruit blend (white grape, apple, pear, orange, pineapple, cherry, strawberry, blueberry), dandelion root, alfalfa aerial parts, asparagus stem, broccoli flowers, cabbage leaf, hesperidin bioflavonoid extract, lemon bioflavonoid extract, rutin, rose hips, sodium copper chlorophyllin, kelp leaf and stem (<i>Ascophyllum nodosum</i>, <i>Laminaria digitata</i>), lutein, cranberry fruit, mangosteen fruit (<i>Garcinia mangostana</i>), carrot root, spinach leaf and stem, tomato fruit, lycopene, acai berry (<i>Euterpe oleracea</i>), pomegranate fruit extract, L-leucine, L-lysine, L-valine, L-isoleucine, L-phenylalanine, L-threonine, L-arginine, L-methionine, L-tyrosine, L-cysteine.</small> | | |
| †Daily Value not established. | | |

Other Ingredients: Cellulose, stearic acid (vegetable), magnesium stearate (vegetable), silicon dioxide.

*As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.