

VITAMIN D3

Benefits the body's numerous biological functions to promote a greater state of overall health.

Item# 74034
150 Chewable Tablets

The human body is equipped with the amazing ability to synthesize vitamin D3 through exposure to the sun's ultraviolet rays. However, today's indoor living and extensive use of sunscreen has resulted in a society where millions are deficient in this life sustaining, bone building vitamin.

Like a ray of sunshine, Synergy's Vitamin D3 chewable tablets benefits the body's numerous biological functions to promote a greater state of overall health. This essential vitamin is one of the most useful nutritional tools we have at our disposal.

Of the many roles Vitamin D3 fulfills in the body, one of the most important is to enable calcium absorption. The body is unable to digest calcium without adequate levels of D3. Insufficient levels of calcium can then lead to osteoporosis and eventually bone loss.

Vitamin D3 works with other vitamins, minerals, and hormones in the body to promote bone mineralization. Through adequate supplementation you can provide your body with the necessary levels of Vitamin D3 needed to ensure a healthy and strong skeletal system.

BENEFITS

- Provides 2500 IU of Vitamin D3 per tablet
- Helps maintain normal levels of calcium in the blood
- Helps maintain bone health and mineralization
- Helps support a healthy immune system
- Facilitates calcium absorption in the body to support a healthy skeletal system

RECOMMENDED USE

Take 1-2 tablets daily.



Supplement Facts

Serving Size 2 Tablets
Servings Per Container 75

Amount Per 2 Tablets	% Daily Value
Vitamin D3 (cholecalciferol)	125 mcg 625%

Other Ingredients: Sorbitol, mannitol, xylitol, stearic acid, natural fruit flavors, magnesium stearate, citric acid.

**As with any nutritional product, please consult your physician before use, especially if pregnant, lactating, or have a known medical condition. These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, or prevent any disease.*